

Manitoba

Family Services and Consumer Affairs
Services à la famille et Consommation



Winnipeg Regional Health Authority Office régional de la santé de Winnipeg
Caring for Health À l'écoute de notre santé

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Healthy Together Now funds have purchased a tool kit called “What’s in your Lunch” for community groups in the Fort Garry/St. Norbert area to access for free. “What’s in your Lunch” is a set of lunch boards, lunch banners and lunch posters that can be used by schools, parent teacher events, health fairs, day cares and community events. Displaying the tools will help parents, caregivers and children recognize the healthier choices when selecting food.

These informative posters, banners or boards are a great way to get parents/guardians and children thinking about healthy alternatives and can be used as a way to initiate further conversation about healthy lifestyle choices. “What’s in your Lunch” also includes printable resources families can take home furthering the message. You will also be able to use the resources on your own website or to share with email contact lists.

To book the “What’s in your Lunch” display boards, banners or posters contact Russ Elford –Public Health -2735 Pembina
204-940-2320 or relford@wrha.mb.ca

Any community group can access these tools for free by booking, confirming pick up and drop off.

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